

I've spent many years traveling throughout Algonquin Park and the surrounding highlands, and as I've grown older, the more time I find myself enjoying more winter experiences in the bush. This is why I chose to take part in the Winter Survival Course through Survival In The Bush Inc.

With this course I have gained skills that will not only make my wilderness experiences more enjoyable, but could potentially save my life. In this course you learn the 5 basic needs of surviving in the bush if you find yourself lost. Keeping a positive mindset, making a shelter, 5 ways of making fire, finding water and creating signals. The instructors are extremely knowledgeable and taught us through seminars and many hours of practical hands-on exercises in the field.

When it came down to do our winter survival experience this past weekend, I learned not only how important these 5 basic needs are, but how much hard work it is to get them. Especially keeping warm! However, we had a lot of fun, I made some new friends and I have gained skills that I'll use for the rest of my life. My favorite being the fire making skills!

Anyone who spends a lot of time in the bush I recommend this course, not only to gain life saving skills, but how to learn to fully enjoy yourself during this beautiful time of year.

Michael U.