

From: Heather F.
To: Jennifer Khan
Sent: Sunday, January 15, 2006 7:15 PM
Subject: Survival Weekend Jan 14-15

Hello Jennifer,

I was a part of the Seneca aviation class that just completed the Winter Survival Course, and I just wanted to say thank you again to you and Lindsay, Alex and Kevin for an absolutely awesome weekend.

Going into the weekend, I was not too sure what to expect - except that I knew it would be cold at night! I can understand that it must be hard to let people sort of do it on their own and make their own mistakes, while still keeping a close eye on everyone and offer advice. I thought that the briefings, especially on the night before were extremely helpful and really made it easier to visualize and understand what exactly we would be doing out there and how we would be doing it.

Even though we were tired and at the end, hungry and exhausted, I know that it must be nothing compared to the trials facing an actual survival situation, and I feel better prepared, both mentally and armed with some of the basic knowledge and physical skills, should I ever need to use them.

Thanks also for always sharing bits of your awesome store of knowledge - even just the small tips you gave us to stay warm when you made your rounds during the night were really helpful and often raised morale a bit (well, except when you told us the worst cold of the night was yet to come....).

So thank you so much again for all your consideration, help, knowledge, and advice.

I can't believe you do it night after night, but enjoy the rest of your courses this winter!

Heather F.
Aviation Student